

December
2008



JACK HUGHSTON MEMORIAL HOSPITAL

The Jack Hughston Memorial Hospital Insider

Committee Members: Donna Brown, Brittany Irvin, Amanda Johnson, Cynthia Massey, Susanne Soto

Letter from Jim



Jim Matney, CEO

Giving

Giving is to make a present of; deliver in exchange; place in the keeping or possession of; to convey or bestow; to donate or contribute, to furnish or provide; to administer; to accord or relinquish to another.

What the definition doesn't state is that sometimes giving is

more than just buying someone a gift, or placing money in a bucket. For most of us, giving is done from the heart as we give, not to receive, but to see the smile on someone's face when they open that special gift, or for the



warm feeling deep down when we pitch in to help someone in need.

During this Holiday Season, I hope that your days are filled with smiles and warm feelings and the New Year brings you prosperity and happiness.

So, from my family to yours.

Happy Holidays

New ER / ICU Director

Jack Hughston Memorial Hospital would like to welcome Mike Zimmermann, R.N., Paramedic, C.E.N.—he is our new ER and ICU Director.

I am sure most of us have already met Mike, but for those who have not, he started here with us November 17, 2008.

He is originally from North Alabama. Mike is married and has three children. (2 boys and 1 girl).

Mike went to Paramedic School at Gadsden State, to Nursing

School at the State University of New York, and did his Manage-

Columbus, and started off as a paramedic prior to becoming a R.N.



Michael Zimmermann

When asked what his long term goal for Jack Hughston Memorial Hospital was, Mike said that he wants J.H.M.H. to have the #1 critical care Emergency Room and ICU in this area.

He also wants it to be a place where all nurses in the community will want to come to be part of our team. Most importantly, Mike wants to help save the lives of those in need.

ment Training at Troy State. He enjoys critical care, and has been in medicine for 17 years.

Mike was a flight nurse for six years, worked in the E.R. and I.C.U. in

Christmas Spirit



Leigh Terry—Imaging Services



Angela Long—Patient Access



Rachael Feltner—4th Floor



Dr. Brown—Emergency Services



Meredith Mitchell & Donna Brown—
Materials Management

New “Team Members”



Herb Williams, Jessica Clifton, Zenoah Clayton (*back row, left to right*)
Carolyn (CJ) James, Charles Barnes (*front row, left to right*)

Happy Birthday

Brandy Thomas	1/1	Tikisha Virgil	1/10	Deanna Bullard	1/21
Jared Bruder	1/1	Helen Dansby	1/11	Rosalynn Mellage	1/24
Felicia Hill	1/1	Ricardo Brewer	1/12	Tracey Ware	1/24
Gregory Herndon	1/1	Shannon Cork	1/15	Susanne Soto	1/25
Ashton Lawrence	1/1	Geraldine Martin	1/16	Reba Woodard	1/27
Imelda Labastida	1/1	Jeffery Hamer	1/16	D’Nae Bishop	1/27
Jill Thomas	1/2	Connie Macy	1/17	Sheila Strickland	1/28
Kim Becker	1/2	Linda Mckee	1/18	Deena Whatley	1/28
Sandra Miller	1/3	Susie Atkins	1/18	Conchetta Perry	1/28
Janet Zayas	1/8	Donna Czukur	1/19	Kizzie Veals	1/30
Gloria Williams	1/9	Patricia Suggs	1/20	Kesha Scurry	1/30
Erin Garmoson	1/9	Angela Burrell	1/21	Evelyn Jackson	1/30
Catherine Peterson	1/10	Jason Smith	1/21	Brittany Irvin	1/31
Matthew Hanna	1/10	Amber Nolan	1/21		
Sheila Daniel	1/10	Casey Burns	1/21		

HAPPY BIRTHDAY

It's Inventory Time Again!!!

Welcome to the end of the year. Departments are being asked to begin their inventories on the 29th of this month. The departments with POI's do not have to count the POI areas—materials management will be counting those areas on the 31st. Most everyone here has been through at least one inventory this year, so you guys should know what to do. Any questions, please feel free to call me or Adam at ext. 3110.

The storeroom of materials will be closed on the 30th for us to do our inventory. We will be replenishing the floors before we start. Please refrain from sending down requisitions that day as we will be tied up & unable to pull anything until we are done entering our figures. Try to send all requisitions on the 29th if you are really low on certain supplies. If there are any emergencies & something is needed, you will be able to come down & get what is

needed with the proper patient sticker.

Let's all take our time & get a good count for this final inventory of the year. Let's prove we can do this correctly so that maybe next year we only have to inventory our areas once. Wouldn't that be great?!

Everyone have a Merry Christmas & a safe & happy New Year.

Donna Brown

Core Measures—Heart Failure Discharge Instructions

Discharge Instructions, especially those for Heart Failure patients, must address the following: **Activity, Diet, Follow-up, Medications, Worsening Symptoms, and Weight Monitoring.**

Below are some points to consider:

- Documentation must clearly convey that the patient was given a copy of the discharge instruction material to take home.
- Diet/fluid intake instructions do not need to be specific to heart failure; however, our CareNote™ system (available through the intranet) addresses both.
- In cases where a document pro-

vides a checkbox for this information and the checkbox is left unchecked, credit for giving written instructions can NOT be taken. In other words, make sure check boxes are checked.

- Discharge instructions must address at least the NAMES of all discharge medications. Prescribed discharge medications must match those listed on the discharge instruction material given to the patient.
- Cases where the patient was given written discharge medication instructions only in the form of written prescriptions do NOT fulfill the intent of the “discharge instructions provided” measure.

- For worsening symptoms include instructions/educational material which address what to do if heart failure symptoms recur or do not improve after discharge.

Please be sure to consider the above-listed information when giving discharge instructions to your patient. It is extremely important that Activity, Diet, Follow-up, Medications, Worsening Symptoms, and Weight Monitoring are addressed.

Should you have any questions, please feel free to contact the Quality Department at x3009.

We Want You



Is there anything you would like to have published in the newsletter? Please feel free to submit your article to any member of the newsletter team.

Interested in joining the Newsletter Team? Contact Susanne at x3009.